

Faith in Action of Edgar County

104 E. Washington St. P.O. Box 154
Paris, IL 61944



(217) 466-6388

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www.fiaec.com

April – June 2015

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Faith in Action Welcomes Volunteer Office Assistants



Nancy Weger and Kendra Simpson

The Faith in Action Office has increased our outreach with the addition of our two new office assistants. Both ladies have been long time volunteers of FIA and are now a bright ray of sunshine to the weekly routine of office activity.

Nancy is meeting a great need of being able to stay in contact with our care receivers. Along with other office tasks, her main focus is to make telephone calls to ensure our care receivers are doing well. Through these phone calls, the ministry of FIA stays updated on the current status of our members and is made aware of any unmet needs that might exist.

Kendra is a retired nurse and likes to work with the computer in the area of data entry. She does a great job at keeping all the care receiver and volunteer lists current. One of her many tasks is updating the birthday lists and sending birthday cards to both care receivers and volunteers. She has a creative flair and often finds herself involved in projects that need a special crafty touch.

Both ladies work one day a week and have shared how much they enjoy being a part of the daily activities of Faith in Action.

Faith in Action is truly blessed through their talents!



Nila's Corner



I love Spring! It is a time of renewal, hope and promise! Driving to work this morning I noticed all the little buds starting to form on many of the trees. The Magnolia tree at the back corner of our office is getting ready to open its beautiful flowers and the dogwood tree in the front is budding. I watch and wait in anticipation for the day they are both in full bloom! That hope of better things coming is not so much different from the mission of Faith in Action. This ministry has been equipped to reach out to more than 860 residents and their families since our program began in 2003. Our more than 190 total count of volunteers have shared their time, talents, and compassion with our residents, making their days better, load lighter, home safer, day brighter.

Faith in Action is a volunteer care giving ministry designed to be the helping hands and hearts to residents of Edgar County. It is a home and community-based outreach program targeting young people through elderly who are chronically ill, physically limited or dealing with issues of aging that threaten their ability to remain independent. Neighbor helping neighbor is the calling for our mission.

If you have ever thought about joining our crew of volunteers...now's the time!! You will see how very easy it is and volunteering demands no more of your time than you would like to give! It truly is rewarding! Give us a Call (217)466-6388

Happy Spring!

Nila

Volunteers Mark Your Calendars!

Saturday ~ July 25th

Volunteer and Family Summer Picnic

At

Step Station

Final details will be announced soon.

Here We Grow Again!

Dick Brinkley

It is exciting to watch Faith in Action GROW! We welcome Dick as he has shared a desire to help in the areas of transportation, helping people with their shopping and errands, and yardwork. He is a great addition to our volunteer crew and is already finding out how much he is appreciated as an FIA Volunteer!

Bus Trips to Mackinac Island in June and Cape Cod in September!

Are you interested in a beautiful vacation to Mackinac Island! Judy Benton is leading another fun trip through Diamond Tours. The all inclusive price of \$669 (based on double occupancy), gives you 6 nights, 11 meals (one being lunch at the Grand Buffet!) guided tours, and deluxe motor coach transportation! This is a beautiful vacation without the hassle of planning and driving it yourself. There still may be a few seats available.

See the enclosed flyer about their exciting trip to Cape Cod in September.

Call Judy Benton today for information! 465-8169 or 466-6388.



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Faith in Action

Nila Nugent ~ Program Director

Board of Directors

- Linda White President
- Karl Marshall Vice President
- Diana Acord Secretary
- Judy Benton Treasurer
- Terry Bergdolt
- Lillie Davis
- Rita Goodman
- Ron Hensley
- Norma Henson

Calendar of Events

COMING in * April, May, June

April 1-Board of Director's Meeting 8:30AM FIA Meeting Rm

April 5- Easter Sunday

Apr 15-16 FIAIL Director's Conference @, Springfield, IL

May 6 -Board of Director's Meeting 8:30AM FIA Meeting Rm

May 12- Card Angels Meet at 9:30AM - FIA Meeting Room

May 25 -Memorial Day - Office Closed

June 3 - Board of Director's Meeting 8:30AM - FIA Meeting Room

June 12-FIAEC BAKE SALE- Edgar County Fairgrounds

June 13- FIAEC BAKE SALE - Edgar County Fairgrounds

June 23 - Card Angels Meet at FIA Meeting Room - 9:30AM

June 21 thru 27- FIA Hosted Bus Trip with Diamond Tours to Mackinac Island and Northern Michigan,

FAITH IN ACTION VOLUNTEERS.....ON THE MOVE! MONTHS OF JAN 15- MARCH 15

<u>Service</u>	
Transportation	421
Visiting	20
Shopping/Errands	42
Light Housekeeping	0
Yard Work	8
Telephone Contacts	3
Sewing and Mending	0
Laundry	0
Meal Prep	0
Special Events	7
Special Projects	54
Office Assistance/ Board Meetings/Fundraising	<u>263</u>
Total Hours	818
Total Miles Driven	8,246

Average Number of Volunteers reporting hours monthly: **37**

Average Monthly Contacts made with Care Receivers: **105**

THANK YOU FIAEC VOLUNTEERS!

If you want to drop your timesheets after hours, use our little mail slot on the inside door.

LIVE UNITED



**Support the United Way of Edgar County.
Working together for the good of our
community, we can make a difference!**

Many advertisements have the answer to most all our ailments. But do they really work? How can we be sure a product delivers all that is promised? Below is an article from the AgePage of Health and Aging.

(<http://www.nia.nih.gov/health/publication/beware-health-scams>)

How Can You Protect Yourself From Health Scams?

Be skeptical. Question what you see or hear in ads or online. Newspapers, magazines, movies, and radio and TV stations do not always check to make sure the claims in their ads are true or say if a celebrity is being paid to endorse a product. Ask your doctor, nurse, other healthcare provider, or pharmacist about a product before you buy it. Don't let a salesperson talk you into making a snap decision. Look for red flags in ads or promotional material that:

- Promise a quick or painless cure
- Claim the product is made from a special, secret, or ancient formula
- Offer products and services only by mail or from one company
- Use statements or unproven case histories from so-called satisfied patients
- Claim to be a cure for a wide range of ailments
- Claim to cure a disease (such as arthritis or Alzheimer's disease) that hasn't been cured by medical science
- Promise a no-risk, money-back guarantee
- Offer an additional free gift or a larger amount of the product as a special promotion
- Require advance payment and claim there is a limited supply of the product

Two Federal Government agencies work to protect you from health scams. The Federal Trade Commission (FTC) can help you spot fraud and misleading ads. The U.S. Food and Drug Administration (FDA) protects the public by assuring the safety of prescription drugs, biological products, medical devices, food, cosmetics, and radiation-emitting products. If you have questions about a product, talk to your doctor. Getting the facts about healthcare products can help protect you from health scams.

For More Information

Here are some helpful resources:

Federal Trade Commission

FTC Complaint Assistant

1-877-382-4357 (toll-free)

1-866-653-4261 (TTY/toll-free)

www.ftc.gov

Food and Drug Administration

Room 5377, Building 32

10903 New Hampshire Avenue

Silver Spring, MD 20993

1-888-463-6332 (toll-free)

www.fda.gov



We Need Your
Help ☺

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Help ☺

~ Events Coming Up This Summer ~

Shrine Week End Bake Sale ~ Edgar County Fairgrounds - June 12th & 13th

We need helpers to work in the booth for two hour increments throughout both days.

The times will be: 10:00 – 12:00; 12:00 – 2:00; 2:00 – 4:00; and 4:00 – 6:00. If you are interested in helping during any of these times, please call or email me. You might have a couple of times in mind just in case your time slot is filled. I hope to be able to have two people working each session.

We also need baked goods for the bake sale. If you would like to donate items such as fruit pies (no cream pies, or anything that would need to be refrigerated); cookies; caramel corn; brownies; breads; puppy chow; or anything else you think might be appropriate. We are trying to avoid items with icing as they are difficult to keep from melting. All items can be brought to the office on the Thursday before or look for our tent at the Fairgrounds on Friday or early Saturday Morning. Each item must be wrapped and ready to sell. For example, if you donate cookies, you can put several on a plate, sealed in a gallon baggie or wrapped in plastic wrap. Smaller quantities could be put in little sandwich bags. Kids love to purchase those. Pies and cakes should already be sealed securely in plastic wrap. We have been asked to keep a list of each donor and what was donated. It will also be necessary for the name of the item and date that it was prepared for sale to be visible on the outside of the package and if it contains nuts. People usually ask if items contain nuts. Our booth will be scheduled for an inspection from the dept. of health at least once during the event.

This is such a fun weekend! We meet so many great people!

Please call or email me if you would like to donate goodies or your time. ~~~Thanks!

Did You Know?.... in 2014....our Volunteers were on the MOVE!

Faith in Action of Edgar County
Calendar Year 2014

Serving Residents of Edgar County with long-term illness and/or physical limitation
77 Active Adult and 5 Youth Volunteers Served in 2014

14% of volunteers are between the ages of 17 and 50

25% of volunteers are between the ages of 51 and 65

36% of volunteers are between the ages of 66 and 75

25% of volunteers are the ages 76 - 93

42% of volunteers are men

58% of volunteers are women

305 Residents Listed as Current Care Receivers

175 Residents received Actual Service(s) in 2014

Care receivers ranged in age from age 3 to age 100

5% of care receivers are between the ages of 3 and 33

12% of care receivers are between the ages of 34 and 55

35% of care receivers are between the ages of 56 and 75

48% of care receivers are between the ages of 76 and 100

61% of care receivers are women

39% of care receivers are men

41% of care receivers live alone

2014 Service Statistics

1,795 Services Were Recorded

3,540 Total Service Hours

33,508 Total Transportation Miles

49% of Services were for Transportation (828 Care Receiver Transports)

**12% of Services were for Special Projects, Yard Work, Wheelchair Ramps/Steps/Handrails:
(50 wheelchair ramps were constructed in 2014)**

9% of services were for admin and fundraising

26% of Services were for In Home Visiting/Phoning/Caregiver Relief/Prayer Partner/Special Event

4% of Services were for Shopping/Errands/Meals /Sewing/Laundry/Light House Cleaning