

Faith in Action of Edgar County

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www.fiac.com

July - August 2009

Do You Goodsearch? Check out what's new on www.fiac.com!

Creative Card Angels



Our Creative Card Angels send joy...one card at a time.

Several times a year our Card Angels get together and create very special cards for our care receivers. Cathy Walker is the leader of this dynamic group of ladies. The fellowship they have each time they meet is priceless. Each card is unique and hand made for their receiver. Many phone calls of appreciation are received after each card mailing. They bring a little ray of sunshine into the lives of all who receive them. The cards are designed by Cathy who uses her special stamps and card cutting tools to make the cards different each time. The participants vary from time to time but the usual Card Angels include Cathy Walker, Greta Pitts, Anna Schumacher, Wilma Overton, Joyce Sisson, Lillie Davis as well as Edith Emrick, Jean Willoughby, Norma Henson, Judy Benton and Debbie McConkey. The ladies get together for a couple hours each time and before you know it, they have more than 100 cards created! If you would like to join the Card Angels in their next card creating adventure. Plan to be at the Faith in Action office at 104 E Washington St. on Tuesday, September 1. They meet starting at 10:00AM and finish with a light lunch that is provided.



On behalf of our family, I would like to thank everyone for their kind expressions of sympathy during the passing of our brother, Wayne Carnahan.

*May God Bless You,
Nila Nugent*

Nila's Corner

Having just celebrated Independence Day, I cannot help but think how blessed we are to live in a country and a community where volunteer service is such an important piece of the fabric of our lives.

Volunteerism is a uniquely American institution. Whether you are serving on a board, helping with the local PTA, coaching little league, stocking shelves at a food pantry or giving your time at your church or a program like Faith in Action, volunteers are making a difference in our communities. Tom Brokaw once said, "It's easy to make a buck. It's a lot tougher to make a difference." In today's economic climate it seems difficult to accomplish both. I am exceedingly appreciative to all who find the time, even with all the challenges before us, to make the extra effort to volunteer in the service of others.

So let me say thank you to everyone who volunteers, whatever your role in our organization as well as any others. You make our communities a better place to live and impact the lives of those you serve.



~The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others. ~

DeAnn Hollis

Thank you for ALL you do! ~ Nila



God Bless America!

Always Remember: ~ Don't ever question the value of volunteers. Noah's Ark was built by volunteers; the Titanic was built by professionals..... ~ author unknown

Welcome New Faith in Action Volunteers!

Joan Mattingly and Ken Gough

Faith in Action of Edgar County is very happy to welcome our newest volunteers! Joan comes to us as an experienced hospice volunteer and Ken has joined our special project crew. Both began using their talents as soon as they arrived in the program! They both are very active in the community and we are happy that they have chosen to become Faith in Action of Edgar County Volunteers!

Have you tried sending your timesheet from www.fiaec.com? Go to the "Current Volunteer" section and click on ["Click here to report your volunteer hours"](#)! It is easy, fast and convenient!



I appreciate everyone who turns in their timesheet. One of my responsibilities is to record all the hours, miles and services provided. It is a great month when everyone turns them in. The excitement builds when we can see all the work that is going on throughout the County for our residents. **THANK YOU!**



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Faith in Action

Nila Nugent ~ Program Director

Board of Directors

- Monte Reichenberg President
- Linda White Vice President
- Diana Accord Secretary
- Karl Marshall Treasurer
- Lillie Davis
- Rita Goodman
- Ron Hensley
- Norma Henson
- Debbie McConkey

Calendar of Events:

COMING in July & August

- July 8 - FIA Board Meeting 8:30am**
- July 27 - Pizza Hut with Norma Henson**
- August 5 - FIA Board Meeting 8:30am**
- August 25 - Pizza Hut with Ron Hensley**
- September 17 - Volunteer Appreciation Banquet**
- October 16 - Spaghetti Dinner and Silent Auction**

*Reminder: Volunteers Monday Morning Coffee
Break 8:30 - 10:00
each Monday morning*



The United Way Campaign 2009 starts September 19th. Please plan to support the United Way of Edgar County. Working together we CAN make a difference!

FAITH IN ACTION VOLUNTEERS.....ON THE MOVE!

MONTHS OF APRIL AND MAY 2009

<u>Service</u>	<u>April Hours</u>	<u>May Hours</u>
Transportation	115	143
Visiting	15	17
Shopping/Errands	5	4
Light Housekeeping	0	0
Yard Work	56	0
Telephone Contacts	27	12
Sewing and Mending	0	1
Respite	0	5
Meal Prep	0	1
Special Projects	75	81
Office Assistance	79	79
Board Meetings/Fundraising	20	26
Total Hours	<u>April 392</u>	<u>May 369</u>
Total Miles Driven	3,661 Miles	3,122 Miles
Volunteers reported hours for the month of April	<u>71</u>	<u>May 43</u>
Contacts made with care receivers in	April <u>243</u>	May <u>172</u>

THANK YOU FIAEC VOLUNTEERS!

If you want to drop your timesheets after hours, use our little mail slot on the inside door.

THANK YOU FOR A GREAT WEEKEND!

What a Successful Shrine BBQ Weekend!

It was a great weekend and except for one little shower the weather even cooperated! We appreciate all who helped out in any way with the success of this event. A special thank you goes to all who baked goodies and stopped in to help during the two-day Bake Sale.

Bakers this year included:

Evelyn Ring	Dorothy Farnham	Marge Erkenbeck
Kendra Simpson	Linda White	Lillie Davis
Lorma Hensley	Diana Acord	Lyn Marshall
Barbara Marshall	Michelle Nugent	Judy Benton
Peggy Drake	Thelda Pitts	Mary Griffin
Edie Emrick	Katie Marlowe	Nila Nugent

Event Workers:

Karl Marshall	Barbara Marshall
Evelyn Ring	Ron Hensley
Kendra Simpson	Katie Marlowe
Mary Kavanaugh	Cindy Soughers
Judy Benton	Linda White
Diana Acord	Jim Acord
Ron Nugent	Nila Nugent

Total Sales from products - \$308.75 + \$200 Check donation =
\$508.75

There were no expenses

SUMMER TIME IS PICNIC TIME....A FEW THINGS WE NEED TO BE AWARE OF WHEN PLANNING OUR PERFECT OUTING

The symptoms of most types of food poisoning include severe cramps, abdominal pain, nausea, vomiting and diarrhea. Symptoms typically begin from 30 minutes to three days after eating contaminated food.

Most cases of foodborne illness are mild, and the symptoms disappear in a day or two. If symptoms are severe or last longer than two days, contact a physician. INFORMATION FROM THE ILLINOIS DEPARTMENT OF PUBLIC HEALTH : www.cdc.gov/ChooseYourCover/index.htm

Picnic Microbes

<u>Microbe</u>	<u>Associated Foods</u>	<u>Onset</u>	<u>Symptoms</u>
Staphylococcus aureus (Staph)	Custards, sandwiches, meat products	2-6 hrs.	Abdominal pain, nausea, vomiting
Salmonella spp.	Poultry, eggs	12-16 hrs.	Nausea, vomiting, cramps
Clostridium botulinum (botulism)	Home canning, high-acid foods	1-3 days	Central nervous system paralysis, respiratory failure
Escherichia coli (O157:H7)	Undercooked or raw ground beef	3-4 days	Nausea, vomiting, cramps, bloody diarrhea
Vibrio cholerae (cholera)	Raw/undercooked seafood	6 hrs. - 5 days	Nausea, vomiting, severe diarrhea, dehydration
Campylobacter spp.	Raw milk, raw or undercooked meat	2-11 days	Abdominal pain, profuse diarrhea
Hepatitis A	Infected food handlers	2-6 weeks	Jaundice, liver disease

**Faith in Action was the mission for
Lake Ridge Christian Church Crocodile Dock VBS 2009
June 7th – June 12th**



Faith in Action was proud to be selected as the Mission during the week. What a tremendous week it was! Not only were all the kids having great time singing and praising God, but they also were excited about serving others through the mission of Faith in Action of Edgar County!

Thank You LRCC for inviting FIAEC to be your VBS Mission!